

# PSALMS

## OUR LIFE IN GOD'S HANDS

SMALL GROUP GUIDE  
WEEK ONE

### The Big Idea

We open the series looking at the structure and context of the Psalms, including different authors, styles, and themes throughout. Then, in Psalm 1 and 19 we see how God shows us what is in store for those that choose Him.

### Things to Remember

*“God’s creation and His Word are perfect guides that lead us, transform us, and reveal His glory to us.”*

### Next Steps

This week, take time each day to observe God’s creation and reflect on what it tells you about God. Choose a passage from Psalm 19 to meditate on each day, asking God to reveal Himself to you through His Word. Consider journaling about your observations and reflections to track how God is speaking to you and leading you.

### Discussion Questions

1. Reflect on a time when you felt deeply connected to God through His creation. How did this experience help you understand God’s character or His plans for you?
2. Share an instance when reading the Bible changed your perspective or led you to a significant decision. How did God’s Word guide you in that moment?
3. David describes God’s law as perfect and His commandments as enlightening. Can you share a personal experience where following God’s Word brought clarity or joy to your life?
4. Discuss how the concept of God’s creation revealing His glory (as in Psalm 19) has impacted your daily life or spiritual practices.

### Closing Prayer

Father, thank You for revealing Yourself through the beauty of Your creation and the truth of Your Word. Help us to see Your hand in all things and to follow Your guidance with open hearts. Teach us to find joy in Your statutes and to live in the light of Your wisdom and love. Amen.

### Key Verses

Psalm 19:1-6, Romans 1:20, Psalm 19:7-11

