

**BE A MAN**

**12-WEEK CHALLENGE**

# DAILY AFFIRMATIONS



BROUGHT TO YOU BY

**FORGED**

# DAILY AFFIRMATIONS

EXAMPLE

Name: Stephen Martin

Date: November 15, 2023

## Scripture

*Be as detailed and intentional as possible. You don't need to use names but we do want to get a sense of who you are. This testimony will be shared with your coach and will help them get to know you through your story. Proverbs 3:3-6 NLT*

I read this daily list as a reminder that my success starts with my mindset.

I want more for you than from you.

I have a thick skin and a soft heart.

I don't make excuses; I make it right.

I live by the calendar, front load my week, keep lists and work to rest.

I do it, I do it right, I do it right now.

I am the master of my emotions.

Jesus is my King, and my church is my family.

I care about my work more than Jeff Bezos cares about Amazon.

I do what I say and graciously say what I mean.

I won't quit, So I can't lose.

Who I'm becoming is more important than what I'm doing.

I serve the servants.

I guard my heart and refuse offense.

My feelings are real but never tell the whole truth.

You'll leave me before I'll leave you.

I am loyal and I love justice.

I am kind, considerate and respectful to everyone.

I don't take myself too seriously.

I build big people who do big things.

I move quickly from why to what's next.

I never ask permission to take responsibility.

I'm not where I want to be but I'm not where I used to be.

I'm smarter with a pen.

I will do the next right thing.

Time is my most valuable resource, I don't waste it.

I don't set goals, I make decisions.

## Scripture

*I am certain that God, who began a good work in me, will continue his work until it is finally finished on the day when I meet Jesus face to face. Philippians 1:6*



# DAILY AFFIRMATIONS

WORKSHEET

Name: \_\_\_\_\_ Date: \_\_\_\_\_

**Scripture**

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**Scripture**