

Participant Guide

2:52

**EQUIPPING STUDENTS
WITH BIBLICAL TRUTH**

A Student Discipleship Course

Participant Guide & Overview

Being a teenager and a student is an important season of life. It's a time where we grow and mature as we begin to understand independence, responsibility, and how to face real-world challenges. Studies show that the years spent in middle school and high school are the most personally formative years of our entire lives.

2:52 is a discipleship course that equips middle school and high school students with the objective truth of God's Word to help them grow in wisdom, and favor with God and man just like Jesus did in Luke 2:52.

Luke 2:52

Jesus grew in wisdom and in stature and in favor with God and all the people.

Objectives

In the 2:52 Student Discipleship Course, students will be equipped with biblical truth that can be practiced in everyday life. In this course, students will be:

- Challenged to grow by learning a Biblical Worldview and engaging in small group discussion with other students
- Equipped and encouraged to serve in the Local Church
- Empowered to lead alongside other students

Participation

To get the most out of this course, it is important that you adhere to the following:

- Complete all 10 Sessions of 2:52. If you're completing 2:52 in-person and miss a session, communicate with the VS Team and complete the session individually from home. Teaching videos are available on our website: vintage.church/252
- Become an active member of your Local Church by becoming a member of a serve team
- Graduate the course by attending a scheduled 2:52 Graduation (during a weekly service)
- After completing the course, we encourage all students to take advantage of the Summer Camp Discount earned by completing 2:52, and register for upcoming Summer Camp.

Activities & Assignments

Session Videos & Study Guides

Each session of this course will help you build a biblical foundation for your life by covering topics that are relevant and apply to what you're going through today.

Students are invited to gather offsite as a Small Group or attend on a Sunday morning at their location to complete the sessions. While gathered, students will watch the message, take notes, and complete the Reflect & Write. Small Group Leaders will be provided with additional small group discussion questions. Even then, students will be expected to complete their session study guides and have them reviewed by their Small Group Leader.

Joining a Serve Team

All of us were created by God to make a difference in the life of another person. God has a place for you where your unique abilities and passions can touch the lives of others. It is the responsibility of church leaders to equip Christians to serve through works of service.

To receive full credit for completing this course, you must already be or become an active serve team member at your Local Church.

Regular Communication

During the course, students will be challenged to engage in conversations surrounding the content they will be learning. This will happen in a small group setting, designed to encourage students to be vulnerable and open up to their leaders and other students in their group.

Study Materials

The course is free of charge, but each student must complete all activities and requirements to graduate. 2:52 Workbooks will be provided upon arriving to the first gathering of the Small Group or Discipleship Course.

We ask that in addition to the materials provided, you also have a paper Bible to follow along as well as a notebook and a writing utensil to take notes.

Graduation Requirements

Complete all Sessions of 2:52

Students must complete the fill-in-the-blank notes and the Reflect & Write questions in each session. Workbooks will need to be turned in on November 15th (the last 2:52 Session).

Miss no more than 8 sessions.

80% attendance is a requirement to graduate from this course. This shows that students were engaged in Small Group Discussions throughout the course and learning to be open with others.

Join a Serve Team

2:52 is not a parking stop but an on-ramp. We expect students to join a Serve Team and begin serving prior to the final [Session](#) (April 10th).

Recognition & Perks

2:52 Graduation

Upon completion of all activities and assignments, students and their families will be invited to attend an in-person graduation during a weekly service. This graduate is an important for our churches to notice the discipleship and celebrate each student that remains faithful to completing the course.

Completion Gifts

Students will be awarded a certificate of completion during their graduation ceremony. In addition, students will receive a personalized Bible with their name engraved on the cover, a 2:52 sticker, and the students' favorite candy.

Summer Camp Discount

All students that complete this course will be given a 2:52 discount, knocking off 50% of their total cost for Summer Camp.

VS Team Leadership

As graduates, students are welcomed to join the VS Team as student leaders. They will be given opportunities to lead teams, services & events, small groups, and more.

Course Syllabus

Date	What We'll Do	What to Complete
January 31	Watch: Session One Discuss: Session One	Reflect & Write: Session One
February 7	<i>(No Class)</i>	<i>(No Class)</i>
February 14	Watch: Session Two Discuss: Session Two	Reflect & Write: Session Two
February 21	Watch: Session Three Discuss: Session Three	Reflect & Write: Session Three
February 28	Watch: Session Four Discuss: Session Four	Reflect & Write: Session Four
March 6	Watch: Session Five Discuss: Session Five	Reflect & Write: Session Five
March 13	Watch: Session Six Discuss: Session Six	Reflect & Write: Session Six
March 20	Watch: Session Seven Discuss: Session Seven	Reflect & Write: Session Seven
March 27	Watch: Session Eight Discuss: Session Eight	Reflect & Write: Session Eight
April 3	Watch: Session Nine Discuss: Session Nine	Reflect & Write: Session Nine
April 10	Watch: Session Ten Complete: Reflect & Write Discuss: Session Ten	Register for Graduation at: vintage.church/252
April 24	2:52 Graduation	N/A

Session Overviews

Session One – BUILT to Last

The Bible is more than a history book or a library of ancient text: it serves as the foundation for us as Christians. Building our lives on God's values rather than the world's values is like building a house on rock versus on sand: one is solid and sturdy, one is wavering and leads to downfall. In this session, we'll talk about why the Bible can be trusted and how you can apply its truth to your life.

Session Two – MIND Over Matter

Our minds play a bigger role than we think. Oftentimes, success in life isn't just about talent, or even skill: it's about how we think and the attitudes we adopt. In this session, we break down the power of the mind and find biblical solutions to the temptations and mind-traps we face.

Session Three – SOUL Weight

When we decide to follow Christ, our spirit is transformed, and we're empowered to live a different life than we did before. But it's not enough to have your spirit be born again, we must deal with our soul and body, too. In this session, we'll break down the truth of who we really are – spirit, soul, & body – and how we can live more like Christ from the inside-out.

Session Four – Highs & LOWS

Jealousy. Joy. Anger. Sadness. Happiness. Revenge. Lust. We've all been "in our feelings" before, but what do we do then? Our emotions are real, but they are rarely true. In a world that says, "follow your feelings", we need to know how to replace the lies we find ourselves believing with the truth of God's Word. In this session, let's unpack the truth about these mind monsters and how to process them in a healthy, God-honoring way.

Session Five – SWEAT Equity

Diligence can be defined as "a careful and persistent work or effort." The matter of the fact is: it takes hard work to get where you want to go. However, if we're able to apply diligence and biblical stewardship in our everyday lives and in our finances: we're unstoppable. In this session, we break down a few tactics to help us be better stewards and how to maintain "the grind" in a healthy way.

Session Six – Love, SEX & Dating

Love - just think about that word. That one word can make a heart flutter uncontrollably. It can make the toughest man blush. It can make jocks cry and girls jump for joy. The world is almost obsessed with this thing called love. In this session, let's look at the truth about sex, the dangers of sexual immorality, and the purpose of marriage.

Session Seven – Epic FAIL

Nobody's perfect. We all make mistakes and miss the mark: on assignments, on tests, in our relationships, with our parents. But what are we supposed to do when we fail? In this session, let's take a look at the life of Peter and learn what it means to fail forward and make the most of our mistakes.

Session Eight – CHURCH Family

The local church is more than a building or an activity; it's a family we can belong to. The relationships and connections we make play a critical role in helping us become who God has created us to be. In this session, we break down the importance of the local church and the power of community.

Session Nine – Winning HABITS

The English paper is due Tuesday. You're serving in Vintage Kids on Sunday morning. You forgot to do the dishes like your mom asked, oh and also, there's a football game on Friday. As a student, you have a lot going on and it can be easy to lose track of everything on your plate. In this session, let's talk about how to apply wisdom when it comes to setting goals and managing our time.

Session Ten – HONOR First

What does it mean to honor authority? What does the Bible say about how we treat others, our teachers, parents, pastors, and friends? What do we do when they are less than honorable and how can we honor God above it all? Discover the rewards of honor as your relationships develop over time.